

# 3000/Lesson 8

## READING

Read out loud the transcription of the dictation:

I'm truly sorry if I offended you, but I really didn't throw it away. It had to be Aunt Mary, she's always cleaning up. And by the way, don't wait for me with dinner. I'm trying to lose weight now. I would like to feel healthier. I wish I had a strong will.

## LISTENING

Watch 2 minutes of the video. Try to retell the footage in your own words and answer the questions below.

[https://www.youtube.com/watch?v=bA\\_2AgU05L4](https://www.youtube.com/watch?v=bA_2AgU05L4)

What is Arnold's definition of the ROUTINE?  
What time does he get up?  
Where is his bike?  
Which parts of the body does he strengthen?



Remember from the context:

to invent new words

snappy

foundation (to a house)

basically

go through (an I-pad)

mounted

gym

deltoid

abs

calf

routine

ritual

## TRANSCRIPTION OF THE CONVERSATION

### **Answer the questions**

1. Has anyone offended recently?
2. How often do you send postcards?
3. Do you have a landlord or a landlady?
4. What is your favorite soup?
5. Name at least two cafés that you know.
6. When do people usually eat supper?
7. Can you describe what the vet does?
8. What do you do to keep healthy?
9. Does your company have any divisions?
10. What is considered illegal?



### **And now create questions / sentences from following words:**

kilometer

lose

map

private

art